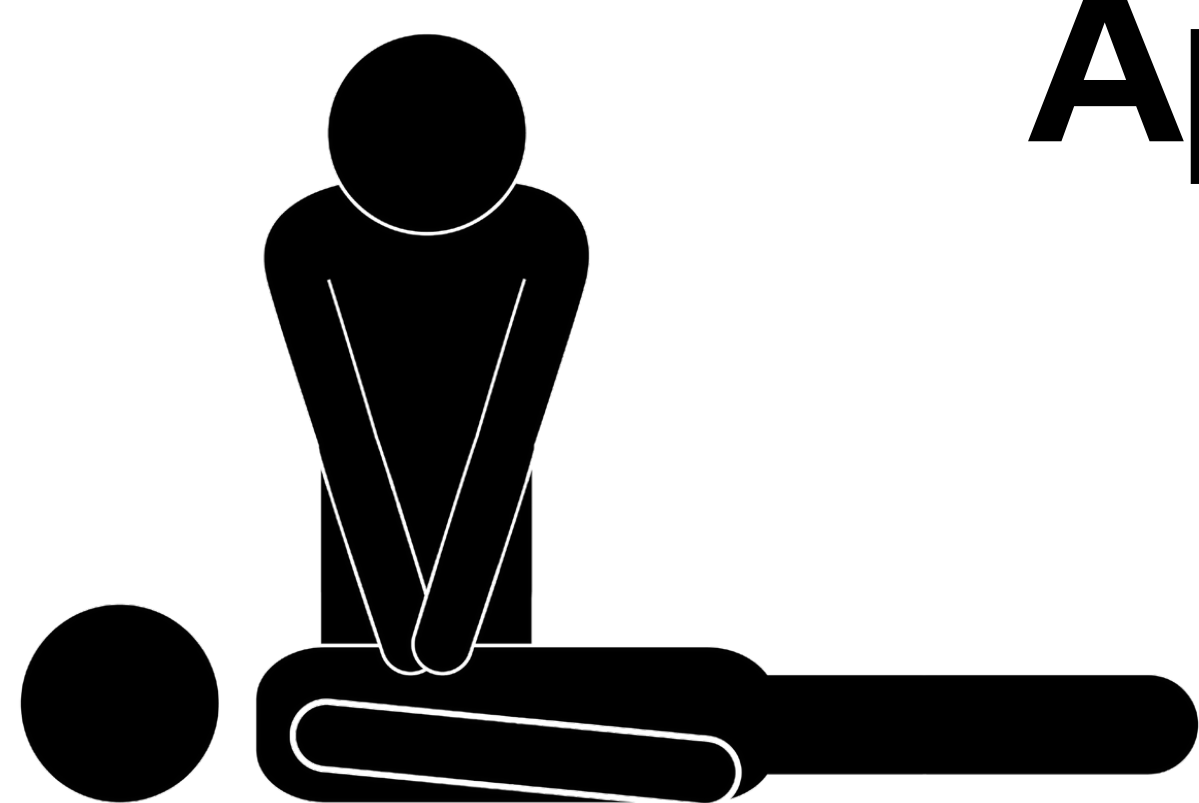




LIFE-THREATENING BLEEDING EMERGENCY CARE

Remember: Pressure Stops Bleeding!



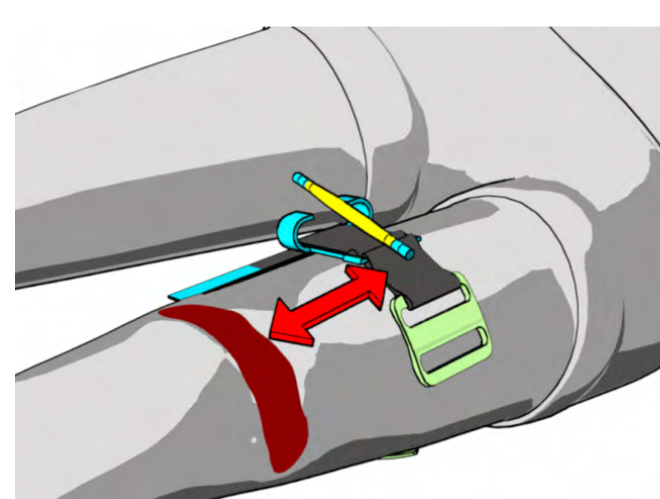
Apply direct pressure
with both hands

Call 9-1-1

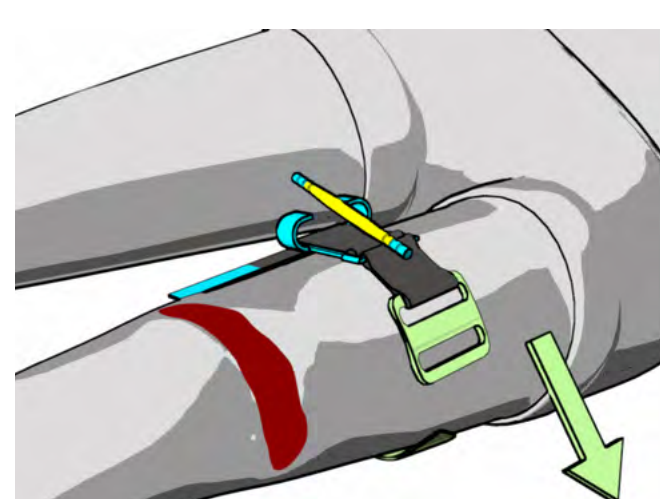


Bleeding from arm or leg
and a tourniquet is available:

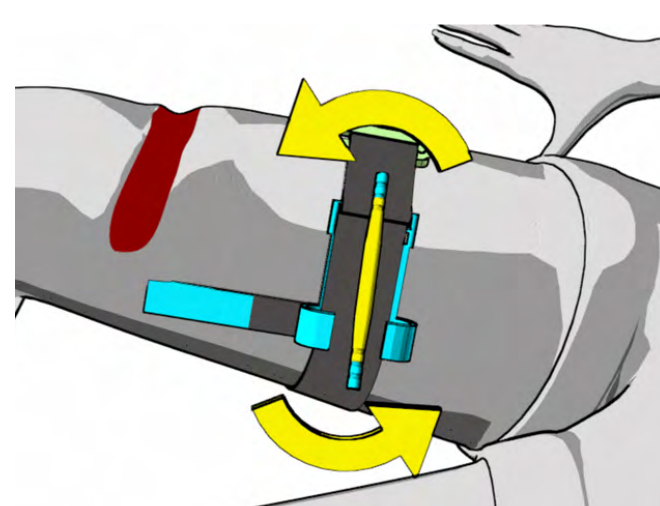
Place the tourniquet
at least 2-3 inches
above the wound.



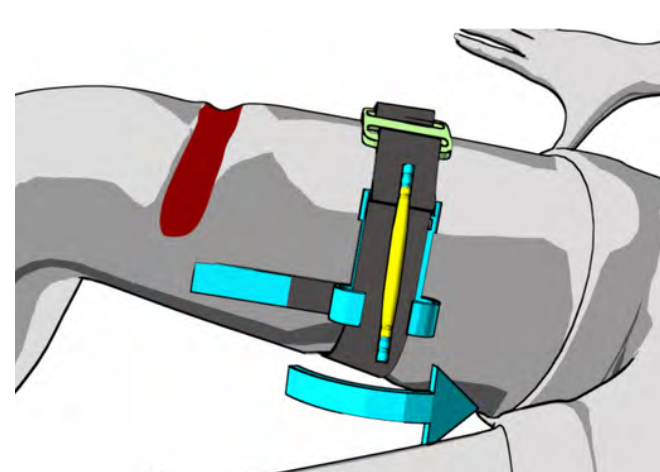
Pull the strap as
tightly as possible



Twist the windlass
rod completely
until bleeding stops



Clip the rod
in place



Bleeding anywhere else
or
Bleeding from arm or leg
and a tourniquet is not
available:



Apply
dressing or a
clean cloth



Hold pressure
until help
arrives

